

Directions to Alvarado Institute of Skin Care
5565 Grossmont Center Drive
Building 1, Suite 126
La Mesa, CA 91942

From Interstate 8

- Exit Grossmont Center Drive/La Mesa Blvd.
- At the end of the off-ramp, turn onto Grossmont Center Drive headed North (left).
- You will see a large shopping center on the left side and the Grossmont Sharp Hospital on the right side
- Pass the hospital, and make a Right Turn onto Center Drive (also a stoplight)
- The first driveway on the right hand side will take you into our parking lot (just before the driveway you'll see a *green* sign saying "Grossmont Pharmacy, Grossmont Medical Center" – slow down when you see the sign because it's a sharp turn!)
- In the parking lot is Building 1,2,3 – We are Building 1, Suite 126

From I-52 / I-125

- If you are headed East on I-52, Exit 125 South and follow directions
- Exit Grossmont Boulevard
- At the end of the off-ramp, turn onto Grossmont Boulevard headed West
- Make a Right Turn onto La Mesa Boulevard (this is a very large stoplight intersection with a Circle K / 76 Station on your bottom left corner)
- Pass the freeway I-8, and La Mesa turns *into* Grossmont Center Drive
- You will see a large shopping center on the left side and the Grossmont Sharp Hospital on the right side
- Pass the hospital, and make a Right Turn onto Center Drive (also a stoplight)
- The first driveway on the right hand side will take you into our parking lot (just before the driveway you'll see a *green* sign saying "Grossmont Pharmacy, Grossmont Medical Center" – slow down when you see the sign because it's a sharp turn!)
- In the parking lot is Building 1,2,3 – We are Building 1, Suite 126

If you are lost, please call (619) 286 – 0372 and we will help you navigate! We look forward to meeting you!